

LAW & CULTURE IN SCOTLAND

JOURNEY TO SCOTLAND OCTOBER 6-12, 2025

For Members & Guests of The State Bar of Arizona, Maricopa County Bar & Pima County Bar 4, 5 & 6 Night Program Options

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INCLUDED

Premium Accommodations at The Caledonian Edinburgh

Daily ground transportation and/or walking tours

Select group meals at top restaurants (including tips)*

Full-time tour leader, local guides and specialized guides

CLE Lecture series with local experts and influencers (open to non-attorney guests)

Admission to all museums / attractions in program

Travel Tips and Assistance *Select group meals will be curated for quality and diversity including beverages and tips:

- Authentic Scottish and refined
 International cuisines
- Curated Food / Beverage Tastings and culinary experiences

<u>Dietary restrictions will be</u> <u>accommodated</u>

NOT INCLUDED

Airfare to/from Scotland

Airport transfers

Suggested tips for drivers and local guide(s)

Additional meals not provided in itinerary

Incidentals / Individual hotel expenses (e.g., mini bar, room services, laundry fees)

Trip cancellation insurance





The **State Bar of Arizona, Maricopa County & Pima County Bar Associations** welcomes you and your guest(s) to join our Journey through Scotland's historically **rich and charming landscape**.

For such a small country, Scotland has a **significant cultural footprint** beyond its legendary **kilts and bagpipes**. Sitting on the Northernmost point of the United Kingdom, Scotland has a **robust and independent history** of Roman soldiers, Vikings, noble clansmen, and powerful monarchs. Today, the country must reconcile its unique civil law history with the more centralized UK common law, implications of **Brexit, and renewed efforts towards Scottish Independence**.

Our **private delegation** will explore different aspects of Scottish culture. Excursions will include tours of the Edinburgh Castle, **traditional music, dance, whisky and haggis;** as well visits to Scotland's second city – **Glasgow** - and the picturesque **St. Andrews**, the birthplace of golf. We will also gain a working knowledge of the Scottish legal and political system through guided visits to **high Courts** and the **Scottish Parliament**.

The amusing capital of **Edinburgh** will be our home base for this unique opportunity to enjoy the best of Scotland **while earning CLE credits**! Friends and family are welcome.

<u>Please Note</u>: This program will require high-intensity walking on uneven and sometimes hilly cobblestone streets and stairs where an elevator is not always available. Participants must be able to walk unassisted.

CLE CREDITS ANTICIPATED EARLY BIRD SPECIAL

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AT A GLANCE: SCOTLAND







DAY 2



DAY 7



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B - Breakfast L - Lunch T - High Tea D - Dinner

JOURNEY TO SCOTLAND STATE BAR OF ARIZONA - MARICOPA COUNTY BAR - PIMA COUNTY BAR

Itinerary subject to change and final confirmations. Program schedule will be adapted to enrolled participants and then-in-place safety measures. Special requests are encouraged.

Day 1 Monday October 6th

Group participants arrive throughout the day and make their way independently to our hotel in New Town.

The Caledonian Hotel Edinburgh

Princes Street, Edinburgh EH1 2AB, United Kingdom +44 131 222 8888

The Caledonian is conveniently located in New Town and only a short walking distance from the **Royal Mile** and **Edinburgh Old Town**, a **UNESCO World Heritage Site**.

Our hotel has been an icon on Princes Street since 1903, offering a combination of modern luxury & Victorian style in a former rail station. The hotel is home **to a luxurious Waldorf Astoria Spa** including an indoor pool, sauna & steam room.

Early arrivals may begin exploring the city in advance of our programmed activities. You'll find Edinburgh to be a hilly but extremely pedestrian friendly city with great shops and pubs.

Afternoon

Meet in the hotel lobby to depart for a guided 'pre-orientation' walking tour of **New Town** featuring **Calton Hill** overlook for the best panoramic view of the city of Edinburgh.

Evening

Private reception and musical performance of **Traditional Scottish Music**.

Welcome Dinner and Whisky Tasting with a special guest storyteller.

Day 2

Tuesday October 7th

Morning

Walking tour of **Old Town Edinburgh** and the Royal Mile, and a visit to the Faculty of Advocates.

<u>Devils & Advocates: Introduction to the Scottish</u> <u>Legal System</u>

Located on the Royal Mile are some of Scotland's most important legal institutions: **The Supreme Civil Court of Scotland, the Court of Session, The old Parliament House, and the Faculty of Advocates**. We take a break from our walking tour to learn about the Scottish legal system, how the system operates under UK law, and a brief history of the various types of courts and judges. Court calendars permitting, we visit the **Court of Session** and **High Court of Justiciary**.

Afternoon

Group Lunch along the Royal Mile.

Lawmaking, the Scottish Parliament, and the Legislative Process

After lunch, we enjoy a tour of the **Scottish Parliament**. In addition to learning about the history and architecture of this unique building, we learn about Scotland's political system, the balance between state autonomy with the United Kingdom and Westminster, and Scotland's views on **Brexit**. As part of our visit, we have the chance to visit the Debating Chamber or a Committee Meeting to see how lawmaking happens first hand, how the legislative bodies pass laws, and how the courts may interpret them.

3:30 PM

After our visit to the Scottish Parliament, we enjoy Edinburgh's finest **Afternoon Tea** at the **Signet Library**.

<u>Legacy Tartans, Commodification of Culture, and</u> <u>the Scottish Registry</u>

During Afternoon Tea, we are joined by experts for a discussion on Tartan designs and their intellectual property rights.

Following our Afternoon tea, you may return to the hotel with the group walking downhill back to New Town, or enjoy additional free time in Old Town Edinburgh.

Remainder of the evening free. Dinner on your own.

Day 3 Wednesday October 8th

This morning, we depart for Scotland's second city and cultural hub – **Glasgow** (approx. 1 hour).

GLASGOW FOOD & CITY TOUR

As part of our immersion into Glasgow, we dive into the local food, drink and modern innovations of Scotland's "Second City" with **Brenda Anderson**, the World Food Travel Association's Ambassador for Scotland. A wide range of local **food and drink tastings** are included in the tour which will delight the foodies in all of us. As part of the tour, we will also see some of Glasgow's **street art** and large **murals** coloring what is otherwise a gray and industrial cityscape.

Before leaving town, we visit the impressive **Glasgow Cathedral**.

3:30 PM

Return to Edinburgh (approx. 50 minutes).

Evening

Remainder of the evening free. Dinner on your own.

Day 4 Thursday October 9th

Morning

Meet in the hotel lobby and depart for our tour of **Edinburgh Castle**.

Visit with **Lord Bruce** at **Broomhall**. This extraordinary home is one of Scotland's grandest houses and for more than 300 years has been lived in, cherished and cared for by the family of **King Robert the Bruce** - a name linked to valor and legend throughout Scottish history. We will be welcomed by **Lord Bruce** who will share stories of his family history, including an extensive collection of historic memorabilia and artwork.

Return to Edinburgh/hotel. Lunch is on your own.

Evening

For our private dinner, we will be joined by **Claire Madison Mitchell KC** and **Zoe Venditozzi**, founders of the **Witches of Scotland** campaign.

<u>WITCHES OF SCOTLAND: Lessons from the 1563</u> <u>Witchcraft Act</u>

In 1563 the Witchcraft Act was brought into law in Scotland and remained in law till 1736. The vast majority of those accused and prosecuted were women.

During this time witchcraft was a capital crime and those convicted of witchcraft were strangled to death and then burned at the stake so as to leave no body to bury. The Witches of Scotland is a campaign for justice: for legal pardons, an official apology, and a national monument for the thousands of people – mostly women - that were convicted of witchcraft and executed between 1563 and 1736 in Scotland.

In a statement made on International Women's Day 2022, part of the campaign's mission was achieved when Prime Minister **Nicola Sturgeon** issued an official apology on behalf of the Scottish government.

OR

<u>The Trial of Madeleine Smith and Murder in</u> <u>Victorian Scotland</u>

Dinner lecture with esteemed Scottish advocate **Donald** Findlay KC.

Day 5 Friday October 10th

Morning

Depart for the bucolic **St. Andrews** (Approx. 1 hour drive), a historic medieval town known for its many golf courses including the **Old Course**, considered the world's oldest. In St. Andrews we see the ruins of St Andrews Cathedral and the immaculate **University of St Andrews** founded in 1413.

Afternoon

Free time will be given in town for independent lunch and shopping.

While in St. Andrews, some may wish to visit the **World Golf Museum** or walk across the 18th hole of the Old Course for a photo opportunity at the iconic **Swilcan Bridge** - originally built over 700 years ago so shepherds could move their flock across the bridge which meanders through what is now the 1st and 18th fairways.

Time permitting, we return to Edinburgh via the **Fife Coastal Path**. Along this stretch of picturesque coastline we see a series of charming, old-fashioned fishing villages.

Evening

Remainder of the evening free. Dinner on your own.



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Day 6

Saturday October 11th

Morning

Today we depart for a day tour of an underappreciated area known as "**the Scottish Borders**," the towns of **Selkirk** and **Melrose**, in southern Scotland near its land border with England.

First we see **Melrose Abbey**, the medieval ruins of a Cistercian monastery and burial place of Robert the Bruce's heart, <u>OR</u> **Abbotsford**, the home of Sir Walter Scott and baronial mansion. A breathtaking place to visit located on the banks of the River Tweed.

11:00 AM

We continue to Locharron of Scotland for a Mill Tour to learn about Scottish kilt and tartan making from this renowned producer.

1:00 PM

Group Lunch and traditional Ale Pies at the **Traquair House**, the oldest continually inhabited house in Scotland and home to the ancient **Traquair Brewery**. At lunch we hope to be joined by the esteemed Human Rights attorney, **Mark Muller Stuart**.

After lunch, we tour the Traquair House and enjoy an Ale Tasting with **Catherine Maxwell Stuart**, 21st Lady of Traquair and famed Scottish politician, hotelier, brewer, and writer. She is the first female Laird of Traquair and, at the time she succeeded her father in 1990, she was the only female laird in Scotland.

After our tour we return to Edinburgh.

Remainder of the evening free. Dinner on your own.



Morning

Optional morning activities depending on departure time.













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